

Pain Management Protocol

-Narcotic pain medications will NOT be prescribed pre-operatively.

-Even with the use of pain medication, it is not expected that you will be 100% pain free.
Some discomfort is expected after surgery.

-You will receive a narcotic pain medication for post-operative pain control, unless you request otherwise. This prescription is expected to last a minimum of 10-14 days (until your initial post-op appointment).

-It is recommended that you take prescription pain medication, as prescribed, for the first 48-72 hours after surgery to “stay ahead of the pain.” If the pain gets out of control by not taking the pain medication, it will be more difficult to get it back under control. After 2 days, you can begin spacing out your dosages or taking less medication, as you feel comfortable.

-Narcotic pain medication will not be refilled after 8 weeks post-surgery. If pain medication is still required at this point, you will be transitioned to a non-narcotic prescription.

-We will discontinue the use of all pain-medications at 3 months post-op. If you believe you still require pain medication at this point, you may request a referral to a pain management specialist.

-Medications will NOT be prescribed if you are not a current patient, being treated within the last 6 months. If you would like a long-term anti-inflammatory or any other type of medication, we suggest you discuss this with your primary care physician. *We will manage antibiotic medication for joint replacement patients prior to having dental work.*

-Please keep in mind that some medications cannot be called in to your pharmacy, and may need to be picked-up in our office. Please allow time for processing.

-Prescriptions will NOT be called in outside of regular business hours: after 4:00 pm Monday – Thursday, after 12:00 pm on Friday, or on the weekends.

-If approved by your surgeon, you may supplement your prescription medication with an over-the-counter anti-inflammatory (Advil or Aleve – not Tylenol/acetaminophen) if a prescription anti-inflammatory is not prescribed. Alternate the dosages. Do not take anti-inflammatory and pain medication in the same dose.

-If a refill/change of medication is required, call the prescription line @ 334-793-2663 and allow 24 hours for your request to be processed.

Note: Many narcotic pain medicines can't be called in to the pharmacy. We do not mail prescriptions. If you require a refill or a change of narcotic pain medication, you or a designee must pick up from our office. Picture ID is required.